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# Focus Audio Workshop



## Synopsis

The Focus workshop presents an engaging and inspirational learning experience and will change your life in ways you never thought possible. With this audiobook, you will begin a process and journey to a new way of thinking about personal and professional focus and accomplishment. You'll learn how to identify--and focus--on the tasks and priorities that matter most so that you can deliver maximum results every day. You'll learn to turn the things you have to do into the things you want to do. Dr. Covey and master facilitator Steve Jones introduce you to the FranklinCovey workshop that has already helped 10 million people become more productive. With this audiobook, you'll also receive these valuable tools from FranklinCovey: - A handy job-aid on Keeping Your Focus, designed to carry with you to remind you how to stay focused and achieve results. - A Resource CD-ROM packed with great tools such as teaching wizards to help you identify your values and mission and how to set goals. - A free 30-day trial of FranklinCovey's Plan Plus™ for Microsoft® Outlook® - A screensaver of 200+ inspirational quotes.

## Book Information

Audio CD

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## Customer Reviews

Recognized as one of Time magazine's 25 most influential Americans, Stephen R. Covey has dedicated his life to demonstrating how every person can truly control their destiny with profound, yet straightforward guidance. As an internationally respected leadership authority, family expert, teacher, organizational consultant, and author, his advice has given insight to millions. He has sold over 20 million books sold (in 38 languages), and The 7 Habits of Highly Effective People was

named the #1 Most Influential Business Book of the Twentieth Century. His most recent major book, The 8th Habit , has sold nearly 400,000 copies. He holds an MBA from Harvard, and doctorate degree from Brigham Young University. He is the co-founder and vice chairman of FranklinCovey, the leading global professional services firm with offices in 123 countries. He lives with his wife and family in Utah.

During my initial first few minutes of listening I realized that Stephen Covey wasn't the main speaker on this tape (he narrates some sections). Suddenly I thought maybe the quality would be mediocre. That this would be some cranked out product just to make a buck. I was wrong. I listened to all 3 CD's (the 4th is a computer demo) and enjoyed the presentation highly. Steve Jones is the person who gives presentation. I believe it is a recorded live process. What I liked about this a lot is it covered all of the Franklin Covey time management principles in a very focussed manner (hence the title...??). This CD series serves as an excellent refresher or introduction to the principles of managing your time. They introduce the time quadrants and explain in pretty good detail how to use paper, PDA or computer planners to manage your time. The sessions never bog down in any one area and they move from topic to topic at just about the right pace. Obviously this CD set has some ties to the services and courses offered by Franklin Covey. They'd love it if you registered for the full course or bought a \$200 planner/binder. However the course on tape/CD will stand alone quite well. The speaker is clear and has a good delivery. I enjoyed this and found the time passed quickly (which doesn't always happen) as I was listening. Buy this - you won't be sorry!

Typical Covey quality that adds value to daily work activities. Even though it's outdated, still applicable of how to increase focus thus leading to higher productivity.

It is like receiving the seminar at the office, or at home. I took notes and helped me to take advantage of my Franklin Covey planner. Excellent!!! Logistics are amazing!! it arrived soooo fast!

Very detailed, I started using some of the learnings with my team at work.

I'm a huge Covey fan and plan on picking up all of his works.

I listed to the cd's while I drive. I listen to them over and over and over! When his words begin to come out of my mouth, I know that I am ready to move on to the next cd!

Wasn't as great as I thought I'd be. Organize your priorities and execute in the order of importance and sum up all the hours in these tapes.

motivational.

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